

## SURE FOOT Equine Stability FIRM PAD Fact Sheet

## The Firm Pad – The Basic Pad

The new Firm Pad replaces the green pad shown in the old SURE FOOT DVD. Color-coded with Green DuraFlex coating this pad is the "workhorse" of the line up. The Firm pad can be used with horses of any weight from draft to mini. It has give but remains fairly stable in its structure when stood upon. There is some spring to the material when the horse steps off but does not rebound like the Medium pad.

This pad has two surfaces; diffuse and direct. The direct surface may show wear (dents, rips and small tears) over time but this does not affect its function. Weight shifts cause the pad to give but slower in a more controlled way than the Medium and Soft.

This is the pad to choose if you can only start with one density. It is the most versatile SURE FOOT pad. Generally this is the starter pad unless you have the Impression pad and want to see any change in how your horse is loading before and after your SURE FOOT session.

• Shape, rectangular shape allows the different density pads to be paired with each other for ease of use.



- Each pad is 12"x10"x2" thick (25cm x 30cm x 5cm) so that there is sufficient area for the horse's hoof and thickness to absorb the horse's weight.
- Each pair of pads comes with an SURE FOOT Equine Stability Program Instructional DVD.
- Lightweight and extremely portable. The pads can easily be carried, for use in any location. This means the owner can bring their pads with her to the arena, a competition, or the field in order to help a horse overcome anxiety in a specific location.
- Coated with DuraFlex, a highly durable and anti-microbial coating that significantly increases the life of the pads.

- Retain properties at any temperature, including below freezing, although it is recommended that one use the uncoated surface in temperatures below 45 degrees F (7 degrees C). The Impression pad will harden in colder temperatures but it is still functional.
- O Easily cleaned with a brush, soap and warm water.
- They are made of as much environmentally friendly material as possible, designed and tested by Wendy Murdoch, carry the official SURE FOOT Logo and are assembled in the State of Maine, USA.
- Can be used with horses of any size, weight or breed. Variation in the pads density provides different degrees of firmness each providing a different experience for the horse.
- O Durability. The Official SURE FOOT pads have been designed and tested to hold up under the demands of use with horses in any environment. While they are not impervious to damage (tears and cuts) they will continue to service the horse even is somewhat damaged by the horse's hooves. Therefore the benefits of the SURE FOOT program can be offered to the average horse owner for (in many cases) the cost of one shoeing. Offering the horse and horse owner a long-term use to aid in improvement of overall health.
- Warranted against delamination of the DuraFlex coating and/or pad layers.
- Stackable. SURE FOOT pads can be combined to stack layers generally two high but in instance three pads high. Stacking allows the person to give the horse an experience that matches the habit patterns in the body. Horses will not stand on stacked pads unless they wish to, you cannot force this on the horse as they will slip the pads to be lower if so desired. However, stacking allows the horse to experience limb differential and in many cases is beneficial to establishing a more normal, balanced posture and movement.
- O Pads can be use to benefit the horse preexercise, post-exercise, during a training session to improve and enhance performance, recovery from injury while stall bound or in limited movement, reset proprioceptors to reestablish normal patterns of movement, calming for any breed horse in any discipline, improve overall well being of horse and owner, improve relationship between horse and owner as the owner is recognized by the horse as the one who brought the comfort.

