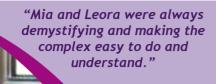
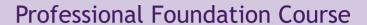


Develop your personal and professional skills!





The MBS Academy Professional Foundation Course is the first major step to learning the practice of Mind Body Studies. Upon successful completion of the 90-day MBS Academy Professional Foundation Course, students will be awarded Mind Body Studies Practitioner Certification. In only three years, MBS Academy graduates will feel confidence in their understanding and their ability to practice Mind Body Studies. In addition, Students may begin teaching Awareness Through Movement (ATM)™ Classes after the first year. By the end of the third year Students are qualified to teach both Awareness Through Movement $(ATM)^{TM}$ and Functional Integration (FI).







Your benefits:

- Become knowledgeable and competent in the increasingly popular complimentary medicine field.
- Understand and transform the underlying habits that create physical pain, stress, and strain.
- · Improve your posture, flexibility, coordination and a greater ease of movement.
- Become part of an extensive, international network of MBS Academy Practitioners striving to make a difference in the wellbeing of others. And many more...

Trust in half a century of teaching experience!

Mind Body Studies Academy is the premier teaching center for Mind Body Studies Practice. Mind Body Studies is the exploration of the inter-connection between brain and behaviour as the key to optimizing well-being and realizing our full human potential. It is the philosophical inspiration and underpinnings to the practice that we teach at MBS Academy. Dr. Moshe Feldenkrais' lifelong Mind Body Studies inquiries examined the links between thought and movement to develop ability in body, brain and mind. These studies led him to create a practical method for accessing the thought/movement link, leading to continuous systemic (mind/body) improvement.

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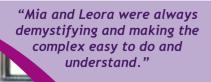
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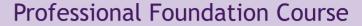
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